



Leading High-Performance Teams for Increased Effectiveness

Amidst challenging and dynamic environments, learn to adapt your leadership to continue to get the most from your team.

Programme Investment

2025

www.sbs-ed.com



19 – 20 March 2025

11 April 2025
(Assessment)



2 Days
(08:30 – 16:30)



Devon Valley Hotel,
Stellenbosch

WHAT

Learning Outcomes:

At the end of the programme participants will be able to:

- Develop skills towards increasing their personal Emotional Intelligence (EQ).
- Explain the importance of effective stress management and wellbeing practices in the workplace.
- Develop their capacity to lead diverse teams towards high performance.
- Explain and apply conflict management techniques in their own team and across teams.
- Explain the importance of contextual awareness when leading a team in a remote work environment.
- Develop their communication skills to develop team effectiveness.

WHO

The programme is aimed at middle managers and supervisors who value teamwork as a means of achieving top-class workplace performance.

WHY

The programme aims to assist participants to acquire a world class leadership skill-set and to build team trust, productivity, and profitability. These leadership skills aim to enable participants to navigate their complex work environments.

ASSESSMENT:

Participants will complete one formative assessment and one individual assignment.

COURSE MATERIAL:

Participants will receive all relevant course material in hard and soft copy formats.