



Health4Me premiums

Day-to-day benefit premiums

GP visits:

Unlimited with a Hello Doctor pre-authorisation

Member type	Bronze	Silver	Gold
Employee	R227.00	R287.00	R362.00
Adult	R227.00	R287.00	R362.00
Child	R227.00	R287.00	R181.00

GP visits booster benefit:

You can choose to pay an additional premium in order for your employees to have unlimited Network GP visits without a Hello Doctor pre-authorisation

Member type	All options
Employee	R70.00
Adult	R70.00
Child	R70.00

Major medical event benefit premiums

Accident and emergency cover

Member type	Base	Standard
Employee	R86.00	R120.00
Adult	R86.00	R120.00
Child	R48.00	R69.00

Hospital cash and maternity lump sum benefit

Member type	Base	Standard
Employee	R79.00	R123.00
Adult	R79.00	R123.00
Child	R38.00	R67.00

Funeral benefit

Member type	Base	Standard
Employee	R21.00	R24.00
Adult	R21.00	R24.00
Child	R12.00	R13.00

Health4Me Health Insurance premiums are reviewed annually and exempt from VAT.

Financial advisers selling Health4Me Health Insurance are required to have a FAIS Category 1.3 Long-term Insurance License.

These are the 2025 standard rates. Premiums may differ based on the risk profile and demographics of the employer group.