

DEPARTMENT OF GLOBAL HEALTH

Advancing global health in Africa and beyond



GLOBAL HEALTH WEBINAR SERIES

Professor Taryn Young, Executive Head, Department of Global Health, Stellenbosch University, cordially invites you to a webinar on

How food environments and food choices are connected.

1 CPD
point in
Level 1

10 November 2022, 15h00-16h30 via MS Teams

Moderator: Dr Lynette Daniels, A Senior Lecturer, Division of Human Nutrition (PhD in Nutritional Sciences and an MPH)

This Webinar will focus on the research agenda of the Chair in Food Environments, Nutrition and Health. Non-communicable diseases is a problem of epidemic proportions. Changing people's diets is one of the strategies, however, is easier said than done, and involves more than just telling people what they should eat. Our food choices are influenced by personal factors, such as knowledge, taste preferences, emotional states, and hunger. Studies suggest people with more knowledge of nutrition tend to make healthier choices. A healthy food environment, together with food and nutrition education, fosters and supports better food choices and practices.



[Click Here to Join the Webinar](#)

For queries, contact Ms Chanelle Windvogel on chaneller@sun.ac.za

SPEAKERS



What we know on the influence of food environment, food choices and behaviour change to impact on manifestation of triple burden of disease.

Prof XG Mbhenyane who is the Head of Division of Human Nutrition and Research Chair in Food Environments, Nutrition and Health. She holds a PhD in Nutrition (NWU), an MSc (Univ of Illinois, USA) and an MBA (Regent business school).



Nutrition in an uncertain future: What do we know about the effects of climate change on food and nutrition security?

Ms Thembekile Dhlamini is a member of the Research Chair in Food Environments, Nutrition and Health, MPH (SMU). She is now a lecturer at the Department of Public Health at Sefako Makgatho Health Sciences University.



How changes in food environments and food systems influence food choice and nutrition transition – the case of Limpopo province.

Ms Vhushavhelo Nedzingahe holds a Master's in Public Health Nutrition. She is currently registered for her PhD under NRF funding. She is also a junior researcher for Research Chair in Food Environments, Nutrition and Health



Food production and Sustainability and its impact on food access and availability.

Dr Mthokozisi Zuma is currently a Postdoctoral fellow in the Research Chair for Food Environments, Nutrition and Health. He holds a Master and PhD in Crop Science from the University of Kwazulu Natal.



Food security and health care needs of vulnerable groups featuring waste pickers.

Prof Rina Swart, From CoE in Food Security, UWC. PhD (Public Health), University of the Western Cape, She holds MPhil (Public Health), University of the Western Cape. She is based at Department of Dietetics and Nutrition, School of Public Health and the DSI/NRF Centre of Excellence in Food Security



Respondent:

Prof Kelebogile T. Setiloane, Phd (Tufts) is a Professor of Nutrition, in the Department of Behavioral Health and Nutrition at the University of Delaware.