

## **Narrative Curriculum Vitae: Rehanna Felix**

Rehanna Felix is a lecturer in the Department of Nursing and Midwifery at Stellenbosch University in South Africa.

She holds a Master's degree in Nursing Science (cum laude), an Honours degree in Mental Health, an Advanced Diploma in Nursing Education, an Advanced Diploma in Health Science Management, a Diploma in Nursing (General, Psychiatry, Community) and Midwifery, and, a certificate in Managing Integrated Health and Wellness Programmes in the Workplace.

Rehanna has a wealth of experience and has worked in both the public and private sector as Professional Nurse, Human Resource Wellness Practitioner, Clinical Mentor, and also as a Lecturer in Mental Health Nursing. She also has experience in curriculum design and wrote the Postgraduate Diploma in Mental Health Nursing curriculum of the Department of Nursing and Midwifery at the University of Stellenbosch. In addition, she is a member of the Cape Mental Health non-profit organisation and also a member of Sigma Theta Tau International (STTI) and the World Federation for Mental Health.

Rehanna is currently supervising a number of master's degree students in the Department of Nursing and Midwifery. Her research interests include mental health, gender-based violence and integrated health and wellness in the workplace. She has published articles in peer reviewed journals on screening for intimate partner violence as well as the needs of frontline workers, patients, and families during the COVID-19 pandemic at Tygerberg hospital, Western Cape Province where she volunteered during the COVID-19 pandemic.