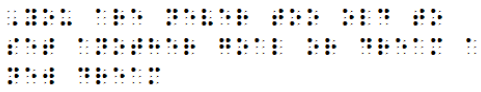




**VISUAL REDRESS CLINICAL BUILDING ROCK
FINALISED PHRASES
MAY 2023**

PHRASE IN ORIGINAL LANGUAGE	DIRECT TRANSLATION/MEANING	ENGLISH INTERPRETATION
SESOTHO		
Noka e tlatswa ke dinokana	The river is filled or made up of many streams	Great things have small beginnings.
TSHIVENDA		
Kule ndi hu sina wawu	Far is where you don't have your own	A place will only be or seem far if there is no one close to you.
ISIXHOSA		
Ithemba liyaphilisa	Hope heals	Hope heals.
XITSONGA		
Ndlopfu a yi wi hi rimbambu rin'we	An elephant doesn't die because of one broken rib	Keep on trying until you get it right (when an elephant falls on its side, it can get back up and keep going. It won't die because of one broken rib).
ISIZULU		
Iso liwela umfula ugcwele	The eye crosses the full river	When the heart is willing, nothing seems impossible. Your desire to do something can't be stopped by anyone except yourself.
SETSWANA		
Bagolo ke rona bašha. Bašha ke bagolo	Elders, we are the youth. The youth can be the elders.	The youth also have wisdom which can be shared with older people.

SEPEDI		
Tau tša hloka seboka dišitwa ke nare e hlotša	Lions that fail to work as a team, would struggle to bring down even a wounded buffalo.	Sometimes there will be tasks that you will not be able to complete on your own and will require assistance from others. The members of a team that prospers have the same mission and vision.
SISWATI		
Budze abuphangwa	You do not rush tallness.	Do not be in a rush to progress. Good things take time.
AFRIKAANS		
'n beitel moet kan klip breek as hy 'n beitel is	A little chisel must be able to break stone if it is a chisel.	Something small could have an enormous impact on the world.
ISINDEBELE		
Indlovu ibulawa yibunyonyo	An elephant is killed by its greed.	Many small steps can overcome a large problem.
ENGLISH		
“Tell me and I forget. Teach me and I remember. Involve me and I learn.” – B Franklin	Anyone can be told or taught something but you will learn the most if you are involved in the process.	Being told something could be fleeting, being taught something may be memorable but being involved in the process, is unforgettable.
BRAILLE		
	You are never too old to set another goal or dream a new dream.	Never be limited by age or other impediments that you think are standing in the way of your dreams.