

Okuphathelele kwityhefu: Ukuya esibhedlele Msinya naPhambi kwexesha

Umnxeba woNcedo woLwazi lwezeTyhefu

IwaseNtshona Koloni, olukhonza uMzantsi Afrika

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Gcina le tshathi endaweni ebonakalayo ukuze wazi omawukwenze ngesehlo sokudibana netyhefu.

Qhagamshelana nomnxeba woncedo lolwazi oluphathelele kwityhefu uze ulandele izikhokelo zonyango zeendidi ezahlukeneyo ezilapha ngezantsi.

Kwezi zehlo zilandelayo :

Sukumgabhisa umntu. Sukumnika nantonina eselwayo okanye etyiwayo.

I-Acetone
Ibhetri (Iqhosha)
Ibhenzina
ICamphorated Oil
ICarbon Tetrachloride
Izibulali-ntsholongwane
Izibasi-mlilo
Izibulali-zinambuzane
Izigxothi-ziNambuzane
IiLiniment (umz. iwintergreen)
IziCoci zeSinyithi & neePholishi
Izisusi zetyhuteksi
Iparafini
Ipeyinti (eye-Oyile)
IziSusi zePeyinti (Isinyibilikisi)
Iyeza lokubulala izitshabalalisi
Ipetroli
ISnail Bait
Ithinners
Iturpentine (Iminerali)
Ivanishi

Kwezi zehlo zilandelayo :

Sukumgabhisa umntu. Umlinganiselo omncinci wamanzi unganikwa ngomlomo. Ungazami ukudumaza ityhefu.

I-ammonia	Izichumiso
I-asidi	Izijiki-bala zeeNwele
I-Asidi yeBhetri	IiPhem zeeNwele
Isihlophisi	Izoluli-Nwele
Isoda edlakazayo	IHydrochloric Acid
Isamente	IHydrogen Peroxide
Iklorini (yamachibi)	Iyeza lamanundu (iNaphthalene)
IiCondy's crystal	Izicoci ze-owuveni
Izihlambululi	IziSusi zePeyinti (Ezidlakazayo)
Isephu engamanzi yokuhlamba izitya	Uzifo zonke
Isephu engumgubo yokuhlamba izitya (eyomatshini)	IziCoci zeNdlu yangasese
IziCoci zeDreyini	Isephu enguMgubo
Iidayi (zeLaphu okanye zeeNwele)	Isoda yokuhlamba
Isithambisi-mpahla	Izibulala-khula (iiHerbicides)
	IziCoci zeeFestile (zeGlasi)

Kwezi zehlo zilandelayo :

Sukumgabhisa umntu. Umlinganiselo omncinci (ihafu yekomityi) yamanzi unganikwa ngomlomo.

Utywala
Ikhalamayini
Iikhozmethikhi
Izibulala-vumba
Ilipilisi zeFluoride (nika ubisi)
Iglu (encamathelayo & enye)
IMercurochrome
Isipirithi
Iziqholo
Izityalo
Isibulali-mpuku (umz. iRateksi)
Ishampu
ISurgical spirithi

Kwezi zehlo zilandelayo :

Nangona ukugabhisa kungeyonkqubo yesiqhelo ngokuqhelekileyo, ingasetyenziswa kwisigulane esithe qwa nesiphaphileyo ukuba kungasetyenziswa kwiyure yokutyiwa ngemilinganiselo emikhulu. Oku kungenzeka ngokunika iglasi yamanzi adikidiki, ilandelwe ngokuvuselela umqala ngokufaka umnwe ngobunono okanye umva obuthuntu wecephe. Ungazingisi ngale nkqubo ukuba ayisebenzanga okokuqala.

IAspirini
Ilipilisi ze-ayoni
Iinkowane-eziyityhefu
IParacetamol
Ilipilisi
Iithabhulethi
Iivithamini ezine-ayoni

Ukulunywa yinyoka, ukulunywa sisigcawu okanye ukuhlatywa ngunomadudwane: Ukuba kuyenzeka, zama ukuchonga umoni uze uqhagamshelane nomnxeba woncedo lolwazi oluphathelele kwityhefu uze use isigulane eklinikhi/ esibhedlele ngokukhawuleza kangangoko.

GCINA ONKE AMAYEZA, IIKHEMIKHALI ZEKHAYA NAMAYEZA OKUBULALA IZITSHABALALISI APHO ABANTWANA BANGENAKUFIKELELA KHONA. Ukuba into enetyhefu ingena emehlweni, sukuzama ukuyidumaza, pula nje amehlo ngamanzi ngobunono imizuzu eli-15–20 uze use umntu lowo kweyona klinikhi ikufutshane okanye isibhedlele. Ukuba into enetyhefu idibana nesikhumba, hlamba ngesepu namanzi. Yiya nesiqulathi nesampuli yeyeza okanye ityhefu okanye isityalo okanye esinye isipesimeni sebhayoloji eklinikhi okanye esibhedlele kunye nesigulane. Onke amalungelo agodliwe © Faculty of Medicine and Health Sciences, Stellenbosch University