

Transnet Phelophepa Health Care Train Project & Masters in Educational Psychology Collaboration

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Programme lead:
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Area served: South Africa

Academic staff:

Department Educational Psychology

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Can students get involved?

Students who are registered counsellors or psychologists can get involved.

Programme Information

The Transnet Phelophepa Health Care Train Project, an inspiring initiative by the Transnet Foundation, brings essential healthcare services to communities across South Africa. Each year, two trains travel throughout the country, stopping for two-week periods in various locations to provide critical services such as medical care, eye care, and counselling.

For the past few years, our students in the Masters in Educational Psychology program, who are on the path to becoming educational psychologists, have the unique opportunity to join the Phelophepa trains. This year, divided into three groups, the students travelled to Pietersburg, Kimberly, and Limpopo, where they contributed their expertise and passion.

During their two-week stints, our students offered counselling services, visited local schools, and led workshops in prisons and community centres. While the prospect of being away from home and family initially caused some anxiety, the overwhelming feedback has been one of gratitude.

Our students felt privileged to serve communities that often lack the resources and opportunities many of them have grown up with. This experience not only enriched their professional training but also deepened their understanding of the diverse realities within our country.

The Phelophepa Health Care Train Project continues to be a powerful platform for our students to make a tangible social impact while gaining invaluable experience in the field.