

International study abroad opportunities for SU students

You have been accepted for a semester exchange, now it is time to hack it!

Important things to consider to prepare you for your exchange semester.

Academics



- Registration at Stellenbosch University
- Learning Agreements
- SU International application
- Transcripts

Logistics



- Host application
- Passport & Visa
- Flights & being on time
- Finding accommodation
- Packing correctly

Health & Safety



- Medical Insurance
- Medicine
- Sex, drugs & alcohol
- Local and National laws
- Safety & security
- LGBTQIA+ Students
- **What to do if something happens?**

Money



- Plan your budget
- Bankcards & ATM's
- Cash Passport
- Foreign Currency
- Some tips to follow

You are about to start the journey of a lifetime.

Going on an exchange is known as one of the most enriching and challenging experiences of your life and is sure to be a highlight of your time at university.

Arriving & Departing



- Arrival at host
- Orientation
- Administration
- Jet lag
- Staying in touch

Country & Travel



- Travelling
- Planning

Apps, Smartphones...



- Language & Translation
- Staying in touch
- Backup & storage
- Power bank
- Online safety
- Social Media

Coming Back



- Return Culture Shock
- Blogging
- Administration
- Taking part & becoming an ambassador

The above topics will be discussed in detail in the scheduled pre-departure orientation sessions.

Winter / Summer Schools and Exchanges Blog:

Sources curated by: www.blogs.sun.ac.za/summerschoolsblog/

